

MY BREAK UP

A group of professionals working together to support you through your marriage or relationship break up



The 'my breakup' initiative is a group of like-minded professionals working together to support you through the challenges of your relationship or marriage break up.

Breaking up can be overwhelming and confusing. With the right therapeutic, legal, financial and practical support and guidance, you can embrace the future and look forward with optimism.

Who are we?

We are a group of therapists, solicitors, mediators, financial advisers, accountants, money coaches and mortgage brokers who collectively provide you with the right service, for the best value and at the right stage of your relationship break up.

We are all committed to work collectively to put the wellbeing of you and your children first.



Expert	How Can I Help?	Contact Details
<p>JULIE DE RUITER</p> <p>Separation and Divorce Therapist</p>	<p>My work deals with the emotional impact of your breakup. A relationship coming to an end presents many emotional challenges and changes but those need not be negative. I will support you and aid your management of obstacles during the separation process with the aim of ensuring your long-term empowerment and wellbeing. I work with men, women and couples of all genders and orientations.</p>	<p>T: 07946 749485 E: therapy@juliederuiter.co.uk</p>
<p>BARBARETT E MORTIMER</p> <p>Relationship Therapist</p>	<p>Breaking up is hard to do and working with an experienced relationship therapist can help you find a way to end your relationship with as little pain as possible. If you have children, this can include helping you stay child focused and developing a new collaborative relationship as parents apart.</p>	<p>T: 01379 641909 E: info@barbarettemortimer.co.uk</p>
<p>BEVERLEY LONG, PATRICIA BRODIE AND MATTHEW LORD</p> <p>Family Solicitors and Mediators</p>	<p>During an initial meeting we can give you valuable legal information and guidance about the separation/divorce process and how to resolve the arrangements for your children and your finances in an informed and positive way. We can consider your options and make decisions about what to do at this difficult and often confusing time of your life.</p>	<p><u>BBL Family Law</u> T: 01603 679050 E: info@bblfamilylaw.com</p>

<p>DIANE FISH Independent Mortgage/ Lending Advice</p>	<p><i>Can I afford it? Where do I go? This is a minefield? Help!</i></p> <p>This is my specialism I can provide advice, information and guidance in helping to move this section of your life on after separation, to the next stage of your life. Information is key and everyone's circumstances are different, I offer an initial free meeting to discuss in confidence <i>your</i> situation, this can provide positive help in the steps going forward at this uncertain time. This meeting can take place as an individual or as a separating couple if appropriate.</p>	<p><u>Smith & Pinching</u> T: 01603 786847 E: fishd@smith-pinching.co.uk</p>
<p>MATT GODDARD Independent Financial Adviser and Money Coach</p>	<p>I work with clients to answer the following questions:</p> <ol style="list-style-type: none"> 1) What does all this financial stuff mean to me? 2) Will I have enough? 3) What do I need to do now? 	<p><u>Smith & Pinching</u> T: 01603 855147 E: goddardm@smith-pinching.co.uk</p>
<p>HOLLY HEALD AND ROY DURRANT Independent Financial Advisers</p>	<p>We provide Independent Financial Advice and help clients through the challenges of both reaching a financial agreement in conjunction with other professionals and advising about the options to implement the agreement. This will often involve splitting assets such as pension schemes. Our</p>	<p><u>Just Financial Planning</u> T: 01603 266333 E: holly@justfinancialplanning.co.uk</p>

	<p>work doesn't end there and once a financial agreement is in place, we work with clients to help rebuild their assets and ensure they have adequate income for the future.</p>	<p>T: 01603 266333 E: roy@justfinancialplanning.co.uk</p>
<p>SAMUEL BECKFORD Financial Adviser</p>	<p>Beckford & Lewis Financial Planning is a Partner Practice of St. James's Place Wealth Management. We pride ourselves in providing bespoke face-to-face advice to individuals, businesses and trustees, in all areas of financial planning. Our philosophy focuses on putting our clients first. It is core to our culture and enables us to work together to run a genuinely client focused business providing expert financial advice alongside exceptional customer service.</p>	<p><u>Beckford & Lewis Financial Planning</u> T: 01379 641211 E: Samuel.Beckford@sjpp.co.uk</p>
<p>HAYLEY TINK Behavioural Money Coach</p>	<p>I have 14 years' experience as an award-winning financial adviser and have guided many people through the practical and emotional aspects of money and break ups. As a money coach I combines my skills to help coach individuals who may be dealing with a budget for the first time, or who are adjusting to a different lifestyle. My aim is to empower</p>	<p><u>Smith & Pinching</u> T: 01603 855142 E: tinkh@smith-pinching.co.uk</p>

	<p>you to be in charge of your money whilst providing a guiding and supporting hand as you work through the financial aspects of your relationship transition.</p>	
<p>DENISE CULLUM AND MICHAEL MORTER Accountants</p>	<p>Denise and Michael and their Price Bailey colleagues can help you with the tax consequences of divorce including capital gains tax calculations for assets and suggest tax efficient ways of withdrawing cash from a business. We can also prepare business valuations. We act in an advisory capacity or can provide expert reports for use in Court proceedings.</p>	<p><u>Price Bailey</u> T: 01223 696174 E: denisec@pricebailey.co.uk</p> <p>T: 01603 709330</p> <p>E: michael.morter@pricebailey.co.uk</p>
<p>ELIZABETH CLAXTON AND MICHELLE RAPER Accountants</p>	<p>You may have complex financial needs, a definitive plan in mind or no time to review your options thoroughly. Developing a close working relationship with you allows us to offer you the advice and guidance you need, to make good decisions for now and in the future. We are proud of our reputation as one of the best places for financial management Norwich has to offer.</p>	<p><u>Rostrons</u> T: 01603 751882 E: elizabeth.claxton@rostrons.com</p> <p>T: 01603 751883</p> <p>E: michelle.raper@rostrons.com</p>

How does it work?

You can initially contact anyone of the lead professionals listed in the 'my breakup' group and they will help you decide what you need to do first and which professional can help with the first steps.

If necessary, and with your authority, the lead professional will contact any one of the other professionals on your behalf and will set up a collective meeting or individual meetings, depending on what advice you need.

Each professional will have their own terms of business and fee structure, but they will work together to ensure their involvement and support is seamless.

The relevant professionals will be in contact with each other and you throughout your breakup or divorce process to ensure you receive the best support and advice you need.

How does this benefit you?

- Your money, time and emotions are used in the best way to help you move forward, at the right pace for you.
- You do not have to tell 'your story' to lots of different professionals. The professionals work with each other directly to share your information and provide you with the advice and support you need.
- All the professionals are experienced at helping people and families go through a marriage or relationship break up and know how to help you navigate this difficult time in your life.



CONTACT A REPRESENTATIVE TODAY